

# SEE YOUR IMPACT



## WHY YOUR ACTION COUNTS

THROUGH SIMPLE CHANGES WE CAN REDUCE THE IMPACT WE HAVE ON OUR PLANET. WHAT YOU DO EVERYDAY REALLY COUNTS AND WHEN WE ALL TAKE POSITIVE ACTION TOGETHER, WE HAVE A BIG IMPACT. EVERYONE CAN BE A PART OF THE SOLUTION.

## DID YOU KNOW?

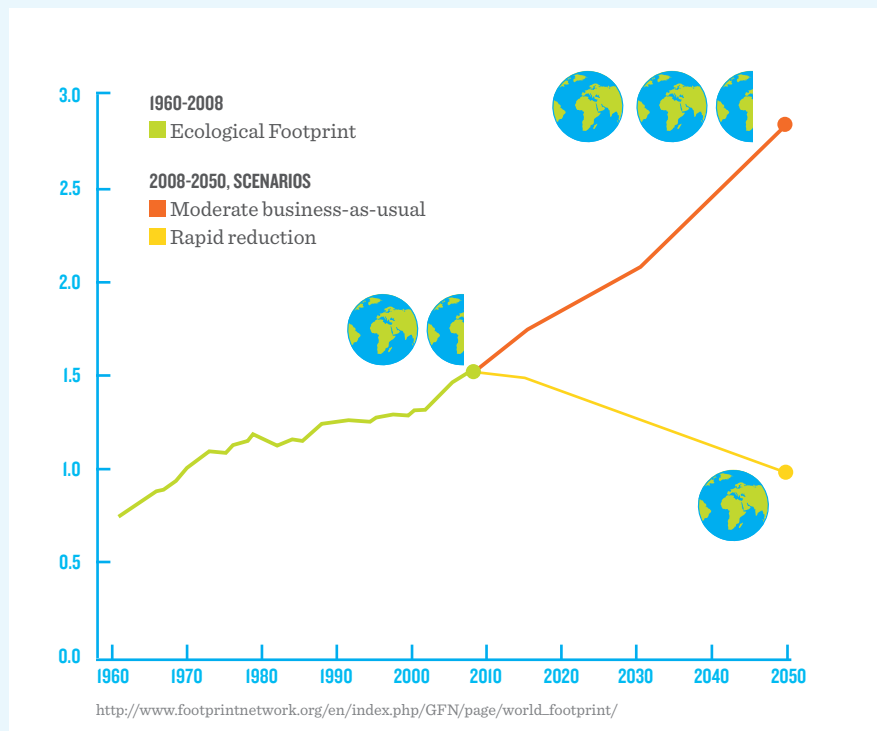
**OUR PLANET IS OUR LIFE SUPPORT SYSTEM – IT PROVIDES EVERYTHING THAT WE, AND ALL LIVING THINGS, NEED TO SURVIVE.**

Globally we consume more resources than our planet can sustain. We need about 1.5 Earths to provide what we use and to absorb our waste. That's more than our planet can regenerate.

In Australia we live and consume as if we have three Earths. Our ecological footprint is one of the highest in the world. Each Australian family produces enough rubbish to fill a three-bedroom house every year (1.9 tonnes per person). Oops!

It is only in the past 60 years we have begun using more than our Earth can produce. This means it is within our reach to put it back into balance. So everything we do really does count.

## WHY OUR ACTION COUNTS



## WHAT CAUSES THIS?

The planet gets out of balance when there is too much Carbon Dioxide (CO<sub>2</sub>) and other greenhouse gases released in our atmosphere. The big contributors to this are making electricity, waste or landfill and livestock farming.

That's great news! This means that everyday our choices can have a positive impact on our planet. Choices like lighting, heating, cooling and electronic devices that we use, the waste we make and recycle, and the food we eat.

When everyone takes action, our impact is both real and big. We have the power for positive change.



# MAKE YOUR IMPACT

CHOOSE YOUR ACTION AND SEE YOUR POSITIVE IMPACT FOR THE EARTH.

## TO CALCULATE

1. DURING ONE WEEK, TICK YOUR ACTIONS.
2. ADD UP THE CO2EKG OR BASKETBALLS SAVED FOR EACH ACTION YOU COMPLETE.
3. KEEP UP YOUR ACTIONS FOR ONE YEAR TO REACH YOUR TARGET.
4. WHAT'S YOUR IMPACT? COLOUR IN THE THERMOMETER TO SEE YOUR IMPACT.
5. TO HELP VISUALISE YOUR IMPACT WE HAVE CALCULATED THAT ABOUT 50 GRAMS OF CO2KG FIT INSIDE A BASKETBALL.

### ACTIONS

	BASKETBALLS SAVED (ANNUAL)	CO2EKG SAVED (ANNUAL)	ACTION COMPLETED
<b>WASTE WARRIOR</b>			
<b>1. Waste free lunch</b> Go nude by packing a healthy, waste-free lunch	3600	180	<input type="radio"/>
<b>2. Bin It</b> Set up a recycling system			
Paper	800	40	<input type="radio"/>
Organics	20	1	<input type="radio"/>
Compost 1 kg of food waste every week	3600	180	<input type="radio"/>
Recycle			
<b>3. Swap it</b> Host a swap party – swap one piece of clothing (uniform, jeans, jumper), something plastic (e.g. toy) and a book	380	19	<input type="radio"/>
<b>4. Trash nest</b> Collect and display your waste	3600	180	<input type="radio"/>
<b>5. Up-cycle – craft and create</b> Turn waste into art by reusing and up cycling	3600	180	<input type="radio"/>
<b>GREEN THUMB</b>			
<b>6. Edible Garden   Gardening for biodiversity</b> Design and create a garden	180	9	<input type="radio"/>
<b>7. Vertical and mobile gardens</b> Design and create a vertical or mobile garden	180	9	<input type="radio"/>
<b>8. Garden care</b> Help your garden become a lush paradise using these garden-care tips	180	9	<input type="radio"/>
<b>9. Wonky vege</b> Love 'em all	20	1	<input type="radio"/>
<b>SPARKY</b>			
<b>10. Switch off classroom lights at recess, lunch and after school</b> Interactive whiteboard with a laptop at recess, lunch and after school	4140	207	<input type="radio"/>
Air conditioning for one hour	1880	94	<input type="radio"/>
Heating for one hour	7060	353	<input type="radio"/>
Heating for one hour. Rug up!	4720	236	<input type="radio"/>
<b>WILD CHILD</b>			
<b>11. Spend an hour outside, switch off classroom lights, whiteboard, laptop, heating and cooling before you go.</b>	4440	222	<input type="radio"/>
<b>MY IMPACT: TOTAL SAVED PER YEAR</b>			
= <input type="text"/>		= <input type="text"/>	
Note: savings per action are meant as a guide only.			

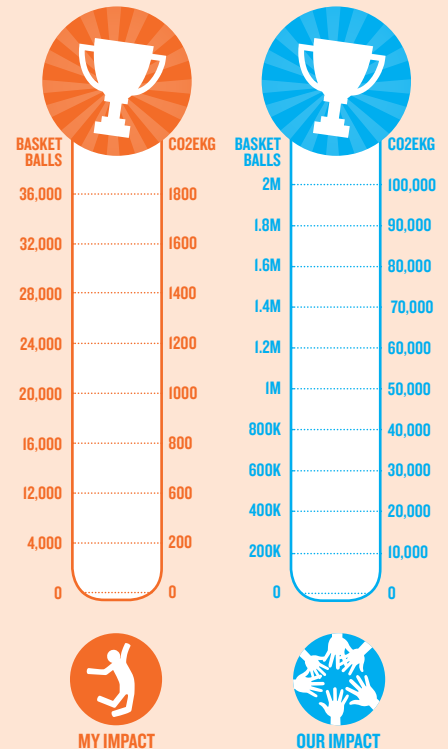
### WHAT'S YOUR POSITIVE IMPACT FOR THE EARTH?

After you've added your savings, colour in your impact.

#### MAKE IT BIG!

What's your impact when your whole school or class takes action?

- Everyone does the same action(s), multiply by the number joining in.
- Everyone does separate actions, collect the results and add them up.



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